## Kansas City Mamas Seasonal Buying Guide

kansascitymamas.com

Did you know that you can save more on products just by buying them in a specific month? Here's what to stock up on month-by-month to make the most of your money.

Vacations - Airlines and Hotels have deep discounts as it is after Holiday travel and before Spring Break.
Winter Clothing (Especially during the Martin Luther King

Weekend) Medicines Vitamins Cereal Linens



Health Foods Diet Foods Treadmills Ellipticals

Junk Food (Especially around Super Bowl) DVD Sale (Especially around Valentine's Day) Winter Clothing (Especially during Presiden't Day Weekend) Furniture (Especially during Presidents Day Weekend) Steak and Lobster and Roses (after Valentine's Day)



MARCH

APRIL

MAY

limes

cherries

grapefruit

peaches

apricots blackberries

cherries

JUNE

honeydew oranges

grapefruit

pineapple

grapefruit oranges

pineapple

blackberries

blueberries

cantaloupe

oranges

JANUARY

avocados

FEBRUARY grapefruit oranges oranges tangerines cabbage cauliflower rhubarb

strawberries cauliflower rhubarb



strawberries broccoli cabbage rhubarb

broccoli green onions lettuce peas rhubarb



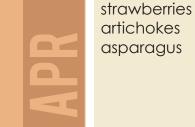
pineapple strawberries artichokes asparagus broccoli green onions lettuce peas rhubarb

pineapples plums strawberries watermelon corn

Frozen Food - National Frozen Food Month Chocolate - After Valentine's Day Winter Coats, Hats, and Gloves Luggage

Golf Clubs

Organic and eco-friendly products - Earth Day Tires and Auto Care - National Car Care Month Ham and Baking Products - Easter Home Improvement Supplies Candy - Easter Cleaning Products Cookware



Condiments, Charcoal, Pickles, Chips - Anything BBQ related Thrift Stores - New Items Due to Spring Cleaning

Mattresses - New Models Start Arriving

Seasonal Produce Air Conditioners

Camping Supplies

Air Conditioners Gym Memberships

Condiments, Charcoal, Pickles, Chips - Pre-Fourth of July

Salad Dressing

Dishes

Lingerie (Inventory Gets Turned in June)

School Supplies Power Tools - After Father's Day Furniture - New styles are hitting the market Summer Clothing - 2nd or 3rd week in July Sandals

Lunch Supplies - Drink Boxes, Lunchmeat, Chips, Snacks Swimwear Backpacks

> iPhones and iPods (new models debut in September) Meat - As ranchers cull herds before the winter Cars - New models begin hitting the lots Airfare - As Summer Vacations are over Lawnmowers Bikes

> > Candy - Halloween Patio Furniture Grills

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Turkey and Thanksgiving Fixings - Stuffing, Gravy, Canned Veggies

Baking Products

Black Friday and Cyber Monday - Toys, Small Kitchen Appliances, Electronics, Clothing Winter Clothing - Coats, Hats, Scarfs, Mittens

Cars - Boost Sales Numbers Before End of Year Toys - 2nd and 3rd week of December Gift Cards - Buy \$50, Get \$10 Free Deals After Christmas Sales - Ornaments, Lights, Gift Wrap Large Appliances honeydew limes nectarines peaches

blueberries

cantaloupe

cucumbers lettuce radishes

peaches

plums

corn

corn

lettuce

radishes

pineapples

watermelon

cucumbers

raspberries

eggplant

tomatoes

watermelons



JULY apricots blackberries blueberries cantaloupe cherries honeydew limes nectarines

AUGUST blueberries cantaloupe cherries honeydew limes peaches nectarines plums pears

SEPTEMBER apples blueberries cantaloupe honeydew watermelon

october apples cranberries oranges pears

peaches

pears

zucchini squash peppers

plums cauliflower broccoli squash peppers tomatoes eggplant

broccoli cauliflower squash spinach brussel sprouts

## NOVEMBER apples cranberries grapefruit oranges tangerines pears

DECEMBER apples avocados bananas grapes cranberries oranges broccoli cauliflower squash spinach mushrooms brussel sprouts

## clementines broccoli cauliflower squash mushrooms brussel sprouts

